

**COSMETIC OR DERMATOLOGICAL PREPARATIONS INCLUDING CREATININE OR  
A DERIVATIVE THEREOF AND CREATINE OR A DERIVATIVE THEREOF AND  
METHODS OF APPLYING THE PREPARATIONS TO THE SKIN**

**Abstract of the Disclosure**

The invention is a cosmetic or dermatological preparation containing a combination of active ingredients consisting of creatinine or a derivative thereof and creatine or a derivative thereof. The cosmetic or dermatological preparation can be applied to the skin for treatment or prophylaxis or various skin conditions or can be used for other purposes.